



THE FUTURE IS OURS TO CREATE.

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NARFE Members:

Email pictures (with a short description) of your NARFE-related activities to the newsletter editor: Marilyn 9716@aol.com.

**Deadline for the
June 2019 issue is
May 1, 2019.**

The Prez Says ...



Rhonda Mooney

Our 2019 Federation Annual Meeting (formerly called the Federation Convention) will be here before you know it! I hope everyone has sent in your registration and made your hotel reservations. This will be the first year that we have not had delegates and proxies because under One Member One Vote each member has a vote. This year we have no resolutions and there are no contested elections so there is no ballot needed. Our 2019 Officers will be installed by NARFE National President Ken Thomas at the Annual Meeting. This meeting will be your opportunity to meet the officers and talk with them and share with them your thoughts and suggestions for what you feel would make NARFE the most effective in working to protect our benefits.

I am really excited about the Annual Meeting – I believe we will receive a lot of useful information and enjoy hearing from some interesting speakers. National President Ken Thomas will be our featured speaker. Ken assumed office on November 1st and I am certain that he will have a lot of valuable information to share with us. I think he will also be interested in

hearing from our members. Larry Minniear, Federation Legislative Chair, will be attending NARFE's Legislative Conference, LEGCon19, in March and will offer a Legislative Training Class at the meeting to share the things he learned. Officer Training will also be offered. In addition, there will be several speakers on various topics. You will find additional information about the Annual Meeting elsewhere in this newsletter. You can also find information on the narfetn.org website. This is the last newsletter before the meeting so future updates will be posted on the website.

A list of Committee Chairs is included in the newsletter. I want to thank each of these folks for serving as a committee chair. Committee member assignments will be completed in early March and will be posted at the Annual Meeting. Please let me know which committee you would like to serve on. You can complete the Committee Assignment Form and send it to me or you can call or email me. I will make every effort to assign you to the committee that you request.

As I am writing this article, I have not seen the results from the national recruiting contest which began on September 1st and ran through December 31st. During this time everyone who recruited a new member

(Continued on Page 14)

Tennessee Federation Officers

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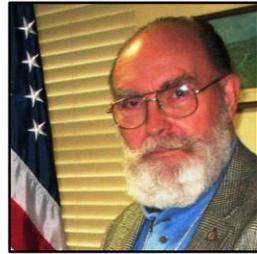
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(Continued on Page 3)

We Need to Mobilize and Take On 2019



Ed Evans

Here's hoping everyone had a very merry Christmas, and sending wishes that 2019 evolves into a terrific year for you and your NARFE Chapter.

This is a great time for looking back at what our NARFE Chapters have accomplished. When you look back down the halls of NARFE's history, what do you see? We know that the heart of NARFE beats loudest within the local Chapter, where we can gather with friends of similar careers, and because we're among friends we can safely voice our concerns about what we see happening to our futures, bounce ideas off others regarding what can be done to protect what we have earned. After all, you can't live in the rear-view mirror. Chapters allow us to combine our concerns and our energies with those of like-minded people, make our voice and our points of view known to our Congressmen and Senators. NARFE members vote, and we will be heard!

Each one of us should stand proudly for what we have accomplished through NARFE, with individual Chapter efforts in their communities, and by being united to stand

behind NARFE goals that protect each one of us. Yes, stand proudly, for each one of you by your membership represent the legacy of NARFE. Quite often, actually, the fight, we, as NARFE members, put up, is less about ourselves and more about solidifying the ground upon which active NARFE members are about to step out on once they retire. We are preparing the way for their future. Congratulate yourself for that.

However, nothing lasts forever. Our membership loses thousands each year to debilitating old age and death. In fact, right now, the NARFE Membership Committee has let us know that as we pack up and move into 2019, just meeting the break-even point on membership requires a 31% increase in new members, as well as with reinstated members. You can help make that difference. Every member is important to NARFE's goals.

Our advocacy people on the Hill are doing good work, making our case to the Congress and the Senate, overcoming political disparities. But those making the political decisions need to know that NARFE members comprise a sizeable piece of the voting pie, and they need to pay attention to the needs of you and your family. The more members, the more clout our advocacy team has on the Hill.

Congratulations on a successful 2018 in NARFE, now let's mobilize and take on what waits for us in 2019. Together we can do this. Mission first, people always.

– Ed Evans

1st Vice President
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2019 Annual Meeting Early Bird Special

Submit your
Registration Form
(on Page 11) postmarked on or
before **February 15, 2019**
and be entered in a drawing for

\$100!

'I Don't Get It,' But My Best Advice: 'Get Moving'

"New Congress, Same Routine". This statement is taken from the latest issue of our NARFE magazine. Isn't it the truth! Now, the latest news, (as I pen this article) is that our government: Of the People, By the People, and For the People, is partially shut down! What is happening to our country? I know, I know, this is not the first government shutdown we have had. In the interest of preservation, the first thought that comes to mind is, will the shut-down affect our salaries or annuities. We have been assured that it doesn't. The shut-down is incongruous with our constitution and way of life it is supposed to guarantee. I DON'T GET IT, except to say our elected representatives don't get it. They seemed to be only concerned with getting reelected, or when asked a media question, they can't give a direct answer. I DON'T GET IT. On a less serious note, I have heard that the reason congressmen and women try so hard to get reelected is that they would hate to make a living under the laws they have passed.

Our country is a democracy where the will of the people is carried out by our elected representatives. Well, folks, I got news for you, that is not happening. Rather, it is a really a fight between groups interested only in their own narrow, selfish goals which will paralyze even further what used to be an efficient nation, domestically and globally.

I don't put all of the blame on the backs of our representatives. We, the American voter, must shoulder some of the blame for the state of our government. The viciousness and vitriol of partisan politics must give way to a blending of political parties when it comes to the best interests of our government. We must become more active in how our government operates or fails to operate. This attitude trickles down to how we view NARFE in the

midst of declining membership and activism. Just think where we would be in our troubled economy without NARFE, Tireless Advocacy, Trusted Advice. Be Active! Take Responsibility! Get Moving.

I am reminded of this story: "Three friends from the local congregation were asked. 'When you're in your casket, and friends and congregation members are mourning over you, what would you like them to say?'

"Artie said, 'I would like them to say I was a wonderful husband, a fine spiritual leader, and a great family man.'

"Merle commented, 'I would like them to say I was a wonderful teacher and servant of God who made a huge difference in peoples' lives.'

"Don said, 'I'd like them to say, Look!! He's moving!'"

Get Moving.



A. Wayne Baker

– A. Wayne Baker
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Tennessee Federation Officers

(Continued from Page 2)

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Transforming CSRS to FERS Within A Changing World

While recruiting and Retention should be the main focus of every NARFE Member, we should first address the disadvantages we inherited on January 1, 1987. The Federal Employees Retirement System (FERS) became effective. Almost all new employees hired after December 31, are automatically covered by FERS. This action almost guaranteed the like of longevity with the Civil Service Retirement System.

Our Mission has been, and is, to preserve and protect the earned benefits of federal employees and retirees since 1921. Every federal worker, retiree, spouse and survivor should belong to NARFE. This is the most effective way we can work together to protect our eared benefits. We should tell other potential members about NARFE and invite them to our monthly meetings and community outreach services. The bottom line is CSRS is no longer an option and the method for recruiting FERS employees will require a different strategy. With the CSRS we paved the road for our members. With the FERS we must prepare our member to transcend the journey. We can't live in the past, but we can grow in the future.

Each age, like every individual, has its own characteristic intoxication; we must seek in each decade the joys natural to our years. If we want to influence the millennium, listen to what he says. When he finishes talking, ask him about any points that you do not understand. Then tell him what it is you want and point out, the areas where you are in agreement, and those where you do not agree. He will be flattered that you have listened intently, that you take him seriously, and that you truly want to understand his position. Be a good listener. Your ears will never get you in trouble. The best way to entertain most millennials is to listen to them. Avoid interruptive thinking. Everyone – and I mean everyone – has something good to offer you if you are astute enough to find it. Sometimes it means picking a small kernel out of a lot of chaff, but the kernel is always there. One way to get the best from people is to learn to avoid what I call interruptive thinking. This is where someone is saying something to you and you interrupt – and probably change the subject in doing so.

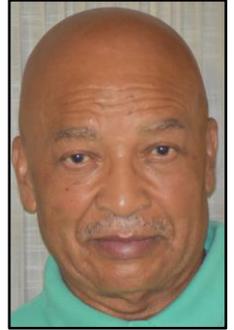
Be Creative, you must create your own world, but be careful not to spook them, get the

wind up, force things into position. You must wait around until the idea comes. There is no prescribed route to follow to arrive at a new idea. You have to make the intuitive leap. But the difference is that once you've made the intuitive leap you have to justify it by filling in the intermediate steps. Don't be discouraged by those who say, "It's not done that way." Maybe it's not, but maybe you will. Don't listen to those who say, "You're taking too big a chance." Michelangelo wouldn't have painted the Sistine Chapel, and it would surely be rubbed out by today. Most importantly, don't listen when the little voice of fear inside of you rears its ugly head and says, "They're all smarter than you out there. They're more talented, they're taller, blonder, prettier, luckier, and have connections..." I firmly believe that if you follow a path that interests you, not to the exclusion of love, sensitivity, and cooperation with others, but with the strength of conviction that you can move others by your own efforts, and do not make success or failure the criteria by which you live, the chances are you'll be a person worthy of your own respect.

If I were asked to give what I consider the single most useful bit of advice for all humanity, it would be this: **Expect adversity as an inevitable part of life, and when it comes, hold your head high, look it squarely in the eye and say, "I will be bigger than you. You cannot defeat me."** Then repeat to yourself the most comforting of all words, "This too shall pass." Maintaining self-respect in the face of a devastating experience is of prime importance.

As we grow older, we must keep busy. Continue working if you can, or develop an interest that you can pursue as though it were a livelihood. They find that the vacation ends after a few weeks or months, leaving an empty future. Activity is the only antidote.

Now if you are going to win any challenge, you have to do one thing. You have to make the mind run the body. Never let the body tell the mind what to do. The body will always give up. It is always



B. J. Godwin

What NARFE Needs from You, Our Most Valuable Asset

As the holidays are fast approaching, all good NARFE members are making their lists and checking them twice. I am asking that you do an extra check.

I would like for you to give serious thought to the following:

The Tennessee Federation of NARFE will hold its Annual Meeting (name change) **April 15-16, 2019** at the Marriott Residence Inn in Chattanooga.

This looks to be a very informative and successful meeting. However, we need a few things from **you**, our most valuable asset, our member. We need **you** in attendance. Why? Without **you**, we have no meeting, no reason to get together in April.

While attending and having the opportunity to join in fellowship with NARFE members from across this great state, should be reason enough to attend, here are a few more:

You will be able to:

- Meet our new national president, Ken Thomas. He will share with you his vision for NARFE in the ensuing years.
- Participate in live telecasts from national office staff on legislation, member benefits, and much more.
- Hear some top-notch speakers from NARFE, congress, health care industry, and financial planning arena.
- Have a chance to take home a super door prize; or silent auction item.
- Enjoy free lunch and banquet meals, and breakfast if you are staying at either hotel.
- Finally, enjoy the satisfaction that **you** were a part of this exciting event.

So, stop what you are doing, prepare your registration form (Page 11), send it to me ASAP. Also make your room reservation ASAP (Page 7). Rooms at the Residence Inn are limited.

However, the partner hotel (across the parking lot), the Towne Place Suites by Marriott will gladly accommodate you in style for less money. Both serve free breakfast every morning.

Besides registration and room reservation, I am asking a couple additional favors.

- One is bring a friend. The more the merrier. The more attendees, the more we can spread

the cost of this event. Also, it makes for a more fun experience.

- Two, bring a door prize either from your chapter or from a local business.
- Three, take out an ad in our program booklet (Page 12). Or better yet, get one of your local businesses to take out an ad. Many will do it just to patronize your local chapter.
- Fourth, if there is anyone who would like to set up a vendor table outside the meeting room, please have them get in touch with me.

All of these things help defray the cost of the meeting.

Finally, volunteer for a committee (Page 12). Trust me, it won't hurt. But, it certainly will help.

I am including the forms for all these things in this newsletter. If you have any questions whatsoever, please give me a call at (423) 243-8736.

Please note the deadlines. Better yet, mail your registration **today**, so you won't risk missing out. Recipients – please pass this information to **ALL** your members.

Thank you!

– Larry Minniear
Legislative Chair
NARFE-PAC Chair
Annual Meeting Chair
1401 Highcrest Court
Hixson, TN 37343-4320
423-243-8736
lrminniear@epbfi.com



Larry Minniear

Transforming CSRS...(Continued from Page 4)

tired: morning, noon, and night. But the body is never tired if the mind is not tired. When you were younger the mind could make you dance all night, and the body was never tired. You've always got to make the mind take over and keep going.

– B. J. Godwin
3rd Vice President
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731-425-9348

All Aboard for Chattanooga NARFE 2019 Annual Meeting

We are excited and I sincerely hope you are too! What are we excited about?

Why the 2019 NARFE Tennessee Federation Annual Meeting to be held April 15-16, 2019 at the Marriott Residence Inn in beautiful Chattanooga, Tennessee. That's what all the excitement is about.

However, no event is complete without the most important ingredient – **YOU!**

You will find the Annual Meeting registration form on Page 11 and other information in this newsletter. The 2019 Annual Meeting is going to be somewhat different than you have experienced in the past. That is partially because we like to be different in Chattanooga. The real reason is due to the voting procedures that were approved at last year's convention in Jackson.

I will be working on the program very soon. If there is anything you would like to see different, please let me know. One thing for sure, we should be able to reduce the time spent in session due to the elimination of voting. All voting will be completed prior to April. So, watch for information on that in the Federation newsletter as well. With the time saved, I am hoping to start a little later on Monday and give out of town folks a chance to drive in Monday morning.

Another change is we will be in two facilities. They are both very nice Marriott properties. They are pictured on Page 7. They sit next to each other. There is a little walking across the parking lot to the conference room. There is also a price break for those who stay across the parking lot.

The 2019 Annual Meeting will concentrate on legislative advocacy, which is the thrust of our organization. We will have presentations on current legislation as well as grassroots lobbying (how, when and where).

The cost of the Annual Meeting is all inclusive. Breakfast will be served at whichever facility you are staying. There will be a box lunch on Monday topped with a banquet meal only Marriott can serve. Remember, Marriott was in the food business way before they expanded to hotels.

We have invited top notch speakers from NARFE headquarters. I am still working on a Banquet speaker you will like, as well as banquet music.

Again, the only thing missing is **YOU!** We need you to mark these dates on the calendar now and plan on attending. You are also expected to bring at least two to three friends. The more the merrier.

If you would like to participate more fully, there is an opportunity to volunteer (this is the Volunteer State) by signing up for a committee to help your president and make for a smooth Annual Meeting. A form is on Page 8 in this newsletter.

We are limited on the number of rooms at the Residence Inn (where the conference will be held). So, I ask that you take into consideration our members who have ambulatory issues before you grab one of those rooms. They are also costlier.

You can use the link on Page 7 or call the hotel of your choice direct. Be sure to mention NARFE, so that you will get the Annual Meeting rates. Please note: you must book your room by March 14, 2019 or pay the rack rate, or perhaps be staying at another hotel.

Also, on the registration form, we need your paid registration **no later than March 1, 2019.** We have to adhere to these cutoff dates strictly because our contract dictates it. We have an Early Bird Special: a chance for \$100 if you have your registration in by February 15th. We need you to plan ahead and adhere to these dates. There are severe penalties if we exceed them.

If you have any questions whatsoever, please feel free to contact me at:

(423) 243-8736 or lrminniear@epbfi.com

– Larry Minniear – Annual Meeting Chair

*Remember to bring
Silent Auction items
that will benefit
Alzheimer's research.*



Hotel Reservation Information

Here is information for the two facilities:

NARFE Annual Meeting 2019

Start date: 4/14/19

End date: 4/16/19

Last day to book: 3/14/19

Marriott hotel(s) offering your special group rate:

☐ **Residence Inn Chattanooga Near Hamilton Place** for 119.00 USD per night.

Book your group rate for NARFE Annual Meeting 2019

Telephone: 423.468.7700 | Fax: 423.468.8800
2340 Center Street, Chattanooga, TN 37421

NARFE Annual Meeting 2019

Start date: 4/14/19

End date: 4/16/19

Last day to book: 3/14/19

Marriott hotel(s) offering your special group rate:

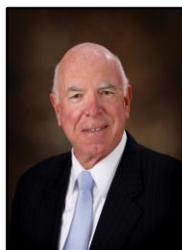
☐ **TownePlace Suites Chattanooga Near Hamilton Place** for 98.00 USD - 108.00 USD per night

Book your group rate for NARFE Annual Meeting 2019

Telephone: 423.834.9444 | Fax: 423.834.9333
7010 McCutcheon Rd., Chattanooga, TN 37421

Pictures of the hotels can be seen in the November 2018 Newsletter.

Breaking News: 2019 NARFE Federation Annual Meeting Speakers Announced



National NARFE President Ken Thomas to Address Federation Annual Meeting

Thomas began his federal career in 1968 at the Rehabilitation Services Administration. For the next 35 years, he would serve in management and executive capacities that spanned areas of program management, training, compliance and management information systems (MIS). Among his notable projects, Thomas developed an application used by state governments to manage, track and report client services to the Department of Education and Social Security Administration, coordinated the District of Columbia's city-wide compliance with the Rehabilitation Act of 1973 and implemented government service programs for physically, mentally and emotionally challenged individuals in federal and state prisons.

A NARFE member since 2004, Thomas volunteered in numerous national and state events within the organization. As host chairperson for FEDcon18: NARFE's premier training conference, the 2017 NARFE Federation Presidents and National Executive Board (NEB) meeting, 2014 NARFE National Convention, 2013 NARFE Federation Presidents and NEB meeting and the 2012 and 2013 Florida Federation Conventions, he coordinated local logistics, events and publicity in support of annual meetings.

His many leadership roles within NARFE include positions as Florida Federation President, Executive Vice President, District VI Vice President, District IX Vice President, Chapter President, Chapter Vice President and Chapter Legislative Officer. Additionally, he served on the Florida Constitution and Bylaws Committee, Redistricting Committee and the Convention Nominating Committee

Thomas earned his bachelor's degree in philosophy from St. Bernard Abbey in 1966. He attended American University from 1967-1969 in pursuit of a graduate degree in counseling psychology. An avid gardener, he received certification as a Master Gardener from the University of Florida's Institute of Food and Agricultural Sciences and authors The Green Thumb, a monthly newsletter distributed to 50,000 people in Hernando County, Fla. A member of the American Psychological Association, Thomas is married to his wife Arlette, and they have four children.

Miss Tennessee Will Be Featured Speaker at Tennessee Federation Annual Meeting



Christine Williamson is a 23-year-old Graduate Student at the University of Tennessee at Chattanooga College of Business, pursuing her Master's Degree, as well as an additional certification in Data Analytics.

For the past six years, Christine has been dedicated to advocating, promoting awareness and fundraising for Alzheimer's Awareness across the state. Her family has lost four family members to this devastating disease. She has raised over **\$33,000** collectively for the Alzheimer's Association by creating her own original fundraiser "Makeup for Memories," participating in over 30 Walks to End Alz and 4 annual Chattanooga "Race 2 Remember" events, as well as developing fundraisers with businesses like Sun Tan City and Highpoint Climbing.

For her efforts in promoting Awareness for this devastating disease, Christine was presented with the Alzheimer's Association's Outstanding Achievement in Advocacy Award and was able to address the Tennessee House and Senate in March 2018 about how her family was affected by the disease. She was also awarded the 2018 Outstanding Achievement in Advocacy Award by the Mid-South Chapter of the Alzheimer's Association for her many contributions, including establishing Alzheimer's Awareness Month in Tennessee for both the Mid-South and Chattanooga chapters. In the Spring of 2019 she will travel to Washington D.C. for a fourth time to speak to our representatives.

Christine is a National Ambassador & Tennessee Congressional Advocate for the Alzheimer's Association who has met with Senators, members of Congress, and representatives from across the state concerning Alzheimer's Awareness initiatives. She has attended four consecutive state Alzheimer's Day on the Hills in Nashville and initiated Governor Haslam's Declaration of Alzheimer's and Brain Awareness Month in Tennessee. In addition, she has participated in three National Advocacy Caregiver Forums in Washington D.C. where she was able to participate in three National Days on the Hill in our Nation's Capital. In March 2018, she played a vital part in lobbying for the Tennessee Legislature to recognize Alzheimer's as a public health issue, to garner more attention and funding.

2018 Fourth Quarter Financial Report



Norris
Alderson

\$29,763.81

January 1, 2018 - December 31, 2018

Beginning Balance 1/1 Checking account /2018

REVENUES

National Dues Rebate - 10% Fund (2018)	\$	8,154.79
National Dues Rebate - 10% Fund (2017)	\$	1,140.52
2017 Per Capita Dues: Chapter 1382	\$	237.00
2018 Per Capita Dues	\$	3,816.00
Chapter 859 Closing (Chapter)	\$	1,046.04
Chapter 859 Closing (NARFE)	\$	108.53
Chapter 1603 Closing(Chapter)	\$	729.81
Chapter 1603 Closing (NARFE)	\$	89.72
Chapter 930 Closing (Chapter)	\$	3,555.76
Chapter 861 Closing (Chapter)	\$	697.52
Chapter 956 Closing (NARFE)	\$	495.24
Chapter 1950 Closing (NARFE)	\$	11.92
Chapter 1733 Closing (NARFE)	\$	803.06
Chapter 2035 Closing (Chapter)	\$	202.74
2018 Conference Profit	\$	2,481.19
Newsletter Advertisement	\$	400.00
CD Redemption (US Bank)	\$	3,409.49
Total Revenue	\$	27,379.33

LESS EXPENSES:

Vouchers - Officer's Expense	\$	6,862.51
Newsletter Expenses	\$	5,035.70
Exec Board Meeting Lodging	\$	752.10
2017 Check 1057	\$	225.00
Liability Insurance	\$	185.00
2018 Conference Exec Board Lodging	\$	2,447.88
Federation Web Page	\$	90.00
2019 Conference Advance	\$	500.00
Chapter 930 Membership Transfer	\$	284.40
Chapter 1603 Membership Transfer	\$	819.53
Chapter 1950 Membership Transfer	\$	1,632.08
Chapter 956 Membership Transfer	\$	1,174.46
Chapter 859 Membership Transfer	\$	1,124.97
Chapter 861 Membership Transfer	\$	548.15
Chapter 1733 Membership Transfer	\$	803.06
FEEA Contribution	\$	100.00
CD (Bank of TN)	\$	3,410.00
Total Disbursed	\$	25,994.84

12/31/2018	Balance		\$31,148.30
	Suntrust Balance 12/31/2018		\$31,148.30
	CD Bank of TN		\$7,009.54
	Total Assets		\$38,157.84

NARFE Members' Chapter Activities, Installations and Parties



The 2019 Chapter 227 officers which 1st Vice President Ed Evans installed on December 10 are: (left to right) Donald Dotson, Legislative; Leo Baghdoian, 2nd Vice President; Pat Hagerty, Treasurer; Betty Waters, Secretary; Carey Frazier, Newsletter Editor; and Norris Alderson, President. Absent were Dean Martin, 1st Vice President and Clarence Bennett, PAC.



Salvation Army Volunteer Bell Ringers from Knoxville Chapter 204, December 2018.



Chapter 2133, met on December 4th at the Harmony CP Church for their annual Christmas luncheon and induction of 2019 Officers. We are very grateful to the ladies at Harmony CP Church for their delicious Christmas meal. 2019 officers (left to right) are: Treasurer Dale Bradley, Vice President Bob Walker, President Edie Snyder and Rhonda Mooney. Secretary Kathryn Howse was unable to attend.



Bell Ringers Brice Umsted & Jean Cox are Knoxville Chapter 204 members.

More pictures of NARFE members as they participate in Chapter events and activities can be seen on

Page 14.



Tennessee Federation
National Active and Retired Federal Employees
2019 Registration Form



63rd Federation Annual Meeting

Marriott Residence Inn
2340 Center St.
Chattanooga, TN 37421
April 15-16, 2019

Chapter No. _____ Chapter Name & Location _____

Name: _____ ID #: _____

Address: _____

City: _____ State: _____ Zip: _____

Select Registration: Federation Officer National Officer Past Federation President Member Spouse/Guest
(Check all that apply)

Agency where you work
Or retired from: _____

Spouse or Guest's name: _____
(If not listed on separate registration form)

Annual Meeting Options:	Self	Guest/ Spouse	Cost (per/person)	Total
Full Registration (Annual Meeting & Banquet): _____ <i>(Note: If <u>special</u> banquet meal required, circle one. Otherwise, chicken will be served):</i> <i>Gluten Free or Vegetarian</i>	_____	_____	\$65.00	_____
Annual Meeting & Lunch Only _____	_____	_____	\$40.00	_____
Banquet Only <i>(note if special meal required)</i> _____	_____	_____	\$40.00	_____
Late Fee (after March 1 st , 2019, add \$10.00) _____	_____	_____	\$10.00	_____
			Total Enclosed:	_____

Submit registration form postmarked by March 1, 2019.
(Late or on-site registration will require the \$10.00 extra fee per/person.)

Make Checks Payable to: NARFE

Mail to: Larry Minniear, 1401 Highcrest Ct., Hixson, TN 37343-4320

Early Bird Special: Registration Postmarked by February 15, 2019 will be entered in drawing for \$100 to be awarded at the Annual Meeting.

For More Information Contact: Larry Minniear (423) 243-8736

Hotel Reservations Call TownPlace Marriott 423-834-9444 reference NARFE.
Marriott Residence Inn 423-468-7770

Cost: \$98 or \$100 at TownPlace; \$119 at Residence Inn + tax
(Airport shuttle available at no extra charge.)

PROGRAM ADVERTISING ADS FORM

2019 NARFE Federation Annual Meeting - April 15-16, 2019

Full Page Ad:	5-1/2" X 8-1/2"	= \$100.00
Half Page Ad:	5-1/2" X 4-1/4"	= \$ 50.00
Quarter Page Ad:	5-1/2" X 2-1/8"	= \$ 25.00
Business Card Ad:	5-1/2" X 2-1/8"	= \$ 25.00

Name _____ Phone _____

Address _____ City _____ State _____ Zip _____

Ad Size: _____ Ad Information Enclosed: _____

Signature _____

Mail Photo Ready Copy & Payment to: Larry Minniear, 1401 Highcrest Court, Hixon, TN 37343-4320
Or Email Photo Ready Copy to: lrminniear@epbfi.com. The deadline is March 1, 2019.

Make checks payable to: NARFE
(If you email your ad, please send payment to Larry Minniear at the above address.)

For More Information Contact: Larry Minniear (423) 243-8736

COMMITTEE ASSIGNMENT FORM

2019 NARFE Federation Annual Meeting - April 15-16, 2019

Deadline: March 1, 2019

Send to: Rhonda Mooney, Federation President, 351 US Hwy. 45 W, Humboldt, TN 38343-8506
or email: rmooney@narfetn.org or call: 731-267-2336 (cell)

Please print or type:

Chapter No: _____ Chapter Name & Location: _____

Name _____ Phone _____

Address _____ City _____ State _____ Zip _____

(Check One)

I wish to serve on the following committees:

Membership	_____	Legislation	_____	Credentials	_____	Service Officer	_____
Public Relations	_____	Rules	_____	Time & Place	_____	NARFE-PAC	_____
Alzheimer	_____	Financial Ways & Means and Audit	_____				

Would you like to attend special Officer or Legislative training at the Annual Meeting? _____

Signature _____

Changing Times and Changing Members Call for Changes

This will be my final article as the Federation Service Officer. It seems like only yesterday that I was elected to serve as the Federation 3rd Vice President but actually it was twelve years ago in 2006. Since that time I have served as the 2nd VP, 1st VP, President and the last few years as the Service Officer of which I think is a very important and necessary position within the Federation.

Chapter Service Officers have always been the go-to person for information on retirement issues as well as help with death benefits and dealing with OPM. As our chapters continue to get smaller due to different reasons but mostly members opting to choose National Membership only, the Federation Service Officer position is more important than ever. More of our non-chapter members are now contacting the Federation Service Officer for that information. The requests that I have received this past year, which have increased, were mostly from non-chapter members or members that have not attended chapter meetings and most of those

were for F-100s. I received a Christmas card this year from a member that I have never met, thanking me for mailing him an F-100. He said that he was on Oxygen and that he did not get out very often. Receiving thanks for a simple thing like mailing a form to someone shows the importance of serving. "DON'T GET ANY BETTER THAN THAT."



Larry Cunningham

I have enjoyed serving on the Federation Executive Board for the past twelve years but it's time for someone else to step up and serve and I'm sure that they will.

– Larry Cunningham
 Service Officer
 10117 Arnold Lane
 Mascot, TN 37806-1525
 865-933-0229
 lcunningham@narfetn.org

2019 Federation Annual Meeting Committee Chairs

<u>Committee</u>	<u>Chair</u>	<u>Chpt.</u>	<u>Phone</u>	<u>Email</u>
Alzheimer's	M. Joan Gates	204	865-986-7526	jpgates@narfetn.org
Ballot & Teller	Larry Cunningham	204	865-933-0229	lcunningham@narfe.org
Bylaws	Ronnie Collins	1956	615-735-2486	rcollins@narfetn.org
Credentials	TBA			
Financial Ways/ Means & Audit	William Bolt	204	865-344-7094	talula78@aol.com
Legislative	Larry Minnear	108	423-243-8736	lrminnear@epbfi.com
Membership	J. Dean McAlister	860	423-336-2330	dmcalister41@hotmail.com
Nominations	Carey Frazier	227	615-472-8661	ctfraz@comcast.net
NARFE PAC	Larry Minnear	108	423-243-9837	lrminnear@epbfi.com
Public Relations	TBA			
Resolutions	Larry Henderson	806	731-784-0675	henderson@click1.net
Rules	Wayne Baker	204	865-406-7868	big97@comcast.net
Service Officer	Lorenzo Tyson	519	731-664-4741	ltyson26@bellsouth.net

The Prez Says ... (Continued from Page 1)

received \$10 for each member recruited and was entered in monthly contests for other prizes. I hope there were a lot of new members recruited – there has been a decrease in NARFE's membership numbers over the past several years and that trend needs to change! There is strength in numbers and we can all play a part in strengthening our organization by recruiting new members. Reach out to present and/or former coworkers and other current or retired federal employees and share information about NARFE – once they understand the value of

NARFE they will be asking you how they can become a member!

If I can be of assistance, please do not hesitate to contact me. I look forward to seeing many of you in Chattanooga in April!

– Rhonda Mooney
351 US Hwy 45 W
Humboldt, TN 38343-8056
731-267-2336 (cell)
rmooney@narfetn.org

NARFE Members' Chapter Activities, Installations and Parties



Bell Ringers for the Salvation Army are Kathy & Joey Nash, members of Knoxville Chapter 204.

In the picture on the right are Knoxville Chapter 204 members Larry Cunningham & Judy Cameron who volunteered to be Bell Ringers for the Salvation Army. They and many of their fellow chapter members volunteer to do this every year at Christmas time.

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(Left to right): Federation President Rhonda Mooney, Chapter President Mary Ballard and Federation 3rd Vice President B.J. Godwin at the Chapter 1968 Germantown Christmas Luncheon.



Alzheimer's Has New National Goal of Raising \$13 Million



Joan Gates

Hi Folks,

It's me again, and I am bursting with pride about our donations for 2018. I cannot believe how all of you do it, but we have made great strides with our Alzheimer's Donations for 2018.

It has been a great year, and the Silent / Chinese Auction was a huge success. For those of you who are not aware, Dickson won the Weida White Memorial Trophy by \$3.00. Cleveland was giving them a hard time, and they pulled it off, but it was with blood, sweat and tears. It also filled the last space on the trophy. Brandon, Margaret and I got together and came up with the idea that if we put the new plates on the back we could sit the trophy sideways on the table, and both sides could be viewed.

Alzheimer's National has as their annual year from July 1st to June 30th, and our year is from January 1st to December 31st. If you happen to see their report, it does not look like we have collected much. I don't want you to be discouraged. We never match up.

This year our total for the year is \$11,121.80. Our Silent/Chinese Auction was a great success as usual because of all the wonderful gifts donated. I try to give the chapters credit for the sales if possible. Our total was \$1,247.00. Do you think we could do a little better this year?

We have our new **National Goal of \$13 Million**. In the first two months of Alzheimer's new year (July and August) all of us raised \$59,780.85 which was a little higher than last year at the same time which was \$57,561.58.

Alzheimer's has voted to give three grants to researchers this year.

1. A full grant of \$174,870.00 over three years to University of Wisconsin-Madison. **How might a disadvantaged social environment increase risk for Alzheimer's?**
2. Partial grant of \$148,290.18 over three years to Trustees of University of Pennsylvania. **Can a protein found in yeast be used to moderate the harmful effects of beta amyloid and tau in Alzheimer's?**
3. Partial grant of \$148,290.17 over two years to University of Pittsburg. **How do certain**

changes in immune cell activity affect different brain regions in Alzheimer's?

The news articles are very interesting this month. One concerns how the eye can provide an indication that the patient may be at risk for Alzheimer's. Another discusses biotherapy for Alzheimer's Disease. The third shows an association between brain cells and how they react with iron.

We need to encourage the Walk for Alzheimer's events and get teams organized and registered. Keep people interested in the fun times for a worthy cause. Also, the sale of the Alzheimer's Disease Research Semipostal Stamp has raised \$504,000. Continue to buy them and remember they can be used as gifts for birthdays, anniversaries, or just a "thanks" for a special task.

— Joan Gates
Alzheimer's Chair
341 Eaton Village Trace
Lenoir City, TN 37771-8705
865-986-7526
jgates@narfetn.org

2019 Federation Officer Nominations

President: Edward Evans

East Tennessee Vice President:
No Candidate

West Tennessee Vice President:
Billy (B.J.) Godwin

Middle Tennessee Vice President:
Donald Dotson

Secretary: Timothy Powers

Treasurer: Norris Alderson

Membership Chair: No Candidate

Legislative Chair: Larry Minniear



Marilyn M. Evans
Newsletter Editor
808 Sandburg Place
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mevans@narfetn.org



NARFE's WEBINARS

NARFE members always view FREE!

VIEW ON-DEMAND

At www.NARFE.org/Institute

- *Step by Step to Retirement – February 7th*
- *The TSP and You – March 7th*
- *Optimizing Your Social Security Benefits – March 21st*
- *Federal Benefits and Divorce – April 11th*
- *Health Plans: What's New and How to Choose*
- *Estate Planning: What Feds Need to Know*
- *FEHB and Medicare*
- *Retirement Forms*
- *Survivor Benefits*
- *Steps to a Speedy Retirement*
- *How Much Money Do YOU Need for a Secure Retirement?*

Officer and Committee Reports Are Vital

As the Annual Meeting approaches, Federation Officers and the Chairs of the Annual Meeting Committees need to keep in mind the Secretary will need copies of their reports that they present at the Annual Meeting. This is necessary to properly prepare the Minutes which will be posted on our Federation website, sent to National Headquarters and the Regional Vice President, as well as kept for future reference in our files.

The reports can be sent to the Secretary by email or presented to the Secretary in hard copy form at the Annual Meeting. The sooner these reports are sent in, the sooner the Minutes can be completed.

Thank you all for your assistance in preparing and submitting these reports in a timely manner.

– Marilyn Evans
Secretary

Marilyn9716@aol.com